

THE ART OF EXPRESSION; LANGUAGE AND COMMUNICATION

by bhaskan

THROUGH THE LENS OF EQ

WHAT YOU WILL LEARN /UNLEARN?

- THINKING, PERCEPTIONS AND INSTICT PATTERNS
- ACTIVE LISTENING SKILLS
- SPEAKING WITH INTENTION
- DEVELOPING A READING HABIT
- WRTING WELL, WRITING PRECISE
- UNDERSTANDING SELVES: REAL, IDEAL, VIRTUAL

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The Themes

TO DEVELOP SKILLS FOR PRESENT AND THE FUTURE

- THINKING IN A LANGUAGE TO COMMUNICATE
- LANGUAGE, GRAMMAR AND STRUCTURE
- MOVEMENT THROUGH THEATRE

(DEVELOPING THE VERBAL AND NON-VERBAL ABILITIES)

- MINDFUL EXPRESSIONISM
- CRITICAL AND CREATIVE APRROACH TO WRITING
- THE BEGINING YOUR PERSONAL LIBRARY
- A CONCRETE PROOF OF YOUR PROGRESS

We begin with working on dealing with our thoughts and structure them. Then we begin to master the skills of active listening, coherent speaking, mindful reading and meaningful writing.

This will empower us with the capacity of learning and acquiring new skillsets, independently in the future.



The Blueprint THE FLOW OF OUR LEARNING COURSE

- Module 1: Thinking: It's The Thought That Counts
- Module 2: Listening: Lending Thy An Honest Ear
- Module 3: Speaking: Speak Up and Make It Count
- Module 4: Reading: All That You Read Matters!
- Module 5: Writing: The Making Of An Exact Mind
- Module 6: The Real, Ideal and Virtual Image

All Modules Have 4 Chapters Each With Literature and Activities

- Each Chapter Has A Dedicated Quick Assignment
- The Module Ends With A Surprise Group Activity
- Access To An Assorted Digital Literature Library
- 3 classes per week



The Space

OUR DIGITAL, AND OCCASIONALLY, HOPEFULLY ON-SITE CLASSROOM

Our Classroom Requirements:

- A Stable Internet Connection
- Solitary, Privacy
- Pen and Notepad
- Some Free Space To Move About
- Access To Our Google Classroom
- A Dedicated Google Drive Location



It's absolutely crucial that we create a separate, sacrosanct physical space for our conversations because it's only then we can enjoy the learning experience.

If and when in the same city and by making time, we will also organize a few on-ste, in-person classes like never before!



The Mentor

LERANING COMPANION AND MENTOR

IF YOU ALLOW IT.

BHASKAR INDRAKANTI

EDUCATOR, EQ COACH AND ENTREPRENEUR

DIRECTOR AND CO-FOUNDER, ORANGE OWL TEDX SPEAKER, UGC-NET EDUCATOR, ICF WELL-BEING COACH, CONTENT CREATOR 200K FOLLOWERS ACROSS SOCIAL MEDIA PLATFORMS



- Visiting Faculty for Communication Skills at National Institute of Fashion Technology, Bhopal, Madhya Pradesh
- Resource Person for an FDP at National Law Institute University, Bhopal,
- Executive Coach for Indian Oil Corporation Limited, MP and CG
- Trainer at IIM, Udaipur, for 2nd year students on well-being and communication skills.
- Trainer at RCVP Noronha Academy of Administration
- Educator with National Book Trust of India

Publications

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Academic and Others

- Guest writer with Dainik Bhaskar newspaper, kids edition, on matters of mental health, communication and language skills and theatre
- Published a paper on "Prospects of Higher Education in the 21st Century" for National Seminar 2011-12 (UGC), Bhopal (M.P.)
- Co-authored and presented a paper on "Women Empowerment: Potentiality of tourism Industry in creating Employment for women" for National Seminar (IGNOU), 2017





LET ME KNOW WHAT YOU THINK

Please do share your thoughts on what made you take up this course?
Or if you did not opt for this, then why

not?!



TALK TO ME TO KNOW MORE.

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Awaiting your response.

With Gratitude,

Bhaskar

Chaskar indrakanti

